

Child Behavior Contract

This contract between _____ Child's Name _____, hereafter known as "Child," and Parents' Names _____, hereafter known as "Parents," outlines a strategy for improving Child's behavior. This month, the behavior Child is working on is

_____ List target behavior _____.

This does not mean that Child does not need to behave well overall, but rather that Child needs to focus particularly on this behavior.

Previously, Child has been working on _____ List prior behaviors that have been learned _____.

Lapses in these behaviors will not be tolerated, and will result in a _____ list punishment _____ for each violation.

This month, Child is working on _____ target behavior _____. Every day, Child will list ways of positively demonstrating this behavior _____. Child will avoid list negative behaviors that contrast with the target behavior _____.

By signing this contract, Child claims an understanding of these behaviors and expectations.

Success and failure will be recorded by _____ list recording method, such as stickers or check marks _____ every day. Child will be allowed a total of _____ number of permissible failures _____ failures for the entire month. Child can earn back successes by _____ list activity, like writing an essay about the incident or other punishment _____.

This contract will be reviewed on _____ List date of review/end of month _____. If the goal outlined above has been met, Child will receive _____ Reward of child's choice _____.

(Child's Signature)

(Parent's Signature)

(Parent's Signature)

(Date)