

Personal Trainer Agreement

This agreement is made on _____ between _____,
hereafter "Client," and _____, hereafter "Trainer":

The Client agrees to the following conditions:

- Having chosen the _____ Package, the Client will receive _____ sessions with the trainer in a one-on-one environment.

- The package will include access to _____

_____.

It will **NOT** include _____

_____.

The Client will be scheduled on a _____ basis, on _____ at _____.

- The Client will have _____ to cancel or reschedule sessions. If the Client does not provide _____-notice, the Client will be charged the full amount for the session.

- This contract will end on _____. No refunds or rescheduling will be allowed after that date.

The Trainer will provide:

- Customized exercises, training, and fitness programs based on the Client's stated goals.
- A safe, encouraging environment for reaching the Client's goals.
- Necessary equipment and machinery.

If the Client requires a new trainer, this contract will be revisited.

Client _____ Date _____

Trainer _____ Date _____